

Tuesday, October 25, 2022  
Today is day 2

"The privilege of a lifetime is to become who you truly are."  
- C.G. Jung

Menu: Sweet and sour chicken or Mandarin orange chicken, brown rice, veggie stir fry blend, fresh veggies, pineapple & oranges, banana, fortune cookie, and milk. Line 3: General Tso's chicken, brown rice, stir fry vegetable blend, fresh veggies, fortune cookie, banana, pineapple & oranges, and milk.

8th Grade Voice Lessons for today are for Group 5 at 2:05pm, and Group 6 at 2:35pm.

There are flute and fifth grade percussion lessons today.

Please return ice packs to the nurse's office ASAP!!

8th grade Phy Ed students need to bring their chromebooks to class the next two weeks or so. That starts today.

Due to food supply demand with some of our menu items, our menus may change at a moment's notice. Unfortunately we have no control over this. We are doing the best that we can to serve what is on the menu. Please be patient with this. Over the next month we will be struggling with lettuce due to the growing region it comes from. Please again, be patient as we may have to change items. Thank you for understanding this process.

The following students are the October students of the month at FIS. These students were nominated for outstanding achievement in Science. Please come to the hallway outside the fieldhouse following announcements:

4th: Marshall Rudolph  
Lucy Almgren

5th: Maxwell Wallace  
Kailee Lubbesmeier

6th: Ella Neumann  
Tristan Heintze

7th: Simon Brenny  
Gracyn Pederson

8th: Jesse Luckow  
Braelyn Rudolph